

Informačný list predmetu

Vysoká škola: Bratislava International School of Liberal Arts (BISLA)	
Fakulta:	
Kód predmetu: PS-440	Názov predmetu: Psychology of Romantic Relationships
Druh, rozsah a metóda vzdelávacích činností: Two weekly meetings of 90 minutes each, amounting 42 hours total. Every week, the first meeting takes the form of a lecture and the second, of a seminar. (full-time form)	
Počet kreditov: 5 ECT	
Odporúčaný semester/trimester štúdia: 1.- 6. semester	
Stupeň štúdia: 1	
Podmieňujúce predmety:	
Podmienky na absolvovanie predmetu: 30% Active Participation and Preparedness; 15 % Movie Analysis; 10% My Theory of Love; 15% Healthy Communication; 30% Final Reflection. Course evaluation (%): A – excellent: 100-93%, B – very good: 92-84%, C – good: 83-74%, D – satisfactory: 73-63%, E – sufficient: 62-51%, Fx – fail: 50-0%. Passing the course assumes that student was not absent at more than 4 class sessions. Late arrival is marked as a “tardie”. Three tardies equal one absence. Missing more than 15 minutes of the class is considered an absence.	
Výsledky vzdelávania: Students are able to understand of the development and maintenance of long-term romantic relationships. <ul style="list-style-type: none">• Students are able to understand of and an application of attachment theory as it relates to romantic relationships.• Students are able to acquire skills pertaining to marriage and other close interpersonal relationships including communication skills, such as listening, empathy, self-disclosure, decision-making, problem-solving, and conflict resolution.• Students are able to recognize unhealthy relational dynamics, including abusive relationships.	
Stručná osnova predmetu: 1. Introduction; 2. Relationship Building Blocks; 3. Attachment Theory; 4. Attachment Theory in Romantic Relationships; 5. Attraction: Theories and Discussion; 6. Love: Independent Work; 7. Falling in Love and Discussion; 8. Human Sexuality; 9. Relationship Satisfaction; 10. Healthy Communication; 11. Conflicts; 12. Infidelity; 13. Power and Violence; 14. Dissolution and Loss of Relationships; 15. Maintaining and Repairing Relationships; 16. Legacy of Relationships.	
Odporúčaná literatúra: Bancroft, L. (2003). <i>Why does he do that?: Inside the minds of angry and controlling men</i> . Berkley Books. Cassidy, J. (1999). <i>The nature of the child's ties</i> . In J. Cassidy & P. R. Shaver (Eds.), <i>Handbook of attachment: Theory, research, and clinical applications</i> (pp. 3-20). Guildford Press. Gottman, J. M., & Silver, N. (2015). <i>The seven principles for making marriage work</i> . Penguin Random House. Johnson, S. (2008). <i>Hold me tight</i> . Little, Brown Spark. Levine, A., & Heller, R. (2010). <i>Attached</i> . Penguin Random House. Nagoski, E. (2015). <i>Come as you are</i> . Simon & Schuster. Perel, E. (2017). <i>The state of affairs</i> . Harper. Tatkin, S. (2012). <i>Wired for love</i> . New Harbinger Publications. Tobore, O. (2020). Towards a comprehensive theory of love: The quadruple theory. <i>Frontiers</i>	

in Psychology, 11, <https://doi.org/10.3389/fpsyg.2020.00862>

Thomas, K. W. (2015). *Conscious uncoupling*. Harmony Books.

Wolynn, M. (2017). *It did not start with you*. Penguin Random House

Jazyk, ktorého znalosť je potrebná na absolvovanie predmetu: English

Poznámky:

Hodnotenie predmetov

Celkový počet hodnotených študentov: 0

A	B	C	D	E	FX

Vyučujúci: Katarína Křížová, PhD.

Dátum poslednej zmeny: 30.01.2023

Schválil: Prof. PhDr. František Novosád, CSc.